

Braintree District Council's

# 10 Top Tips for saving water

- Try not to leave the tap running while you brush your teeth, shave or wash your hands, as this can waste up to 5 litres of water per minute.
- Vegetables and fruit should be washed in a bowl rather than under a running tap and the leftover water can be used for watering house plants.
- Use the minimum amount of water required when you boil water in saucepans and kettles; that way, you'll save energy as well as water.
- Try keeping a bottle or jug of water in the fridge instead of running taps until the water runs cold.
- Half-load programmes on dishwashers and washing machines use more than half the water and energy of a full load. Therefore, wait until you have a full load before switching the machine on.
- A 5-minute shower uses about a third of the water of a bath.
- Reduce water use by placing a 'save-a-flush' or 'hippo' in the cistern.
- Cotton wool and tissues should be put in a waste bin rather than flushed down the toilet.
- Install a water butt.
- When washing up using a bowl rather than letting the tap run can save you 10 litres of water each time



**By thinking carefully about your water use in the home and changing some water-wasting habits, it is easy to save water.**